



Tutoring: Math & Meditation Program



Tammy has 34 years of teaching experience in the Detroit area primarily in the areas of math and English. She has counseled at-risk youth and worked with gifted children and those needing academic intervention. She recently retired from teaching to pursue holistic health, grief counseling, energy healing and sound therapy full time. She uses sound, mindfulness meditation, breath work and energy healing to help children and adults recognize and remove blocks to learning. For more information, contact Tammy at:

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The Violet Flame

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Does your child exhibit any of the following:

- Disinterest in school
- Difficulty connecting with their peers
- Day-dreaminess
- Blocks when it comes to subjects like math or science
- Anxiousness
- Overly “sensitive” or empathic
- Low self-esteem
- Poor grades
- Undiagnosed headaches or stomach ailments during school year?

If so, The Violet Flame Healing Center offers group and individual tutoring sessions that focus on removing anxiety and blocks to learning. Through breathing exercises, guided meditation and positive affirmations, your child will be better equipped to be receptive and open to learning new topics. We honor your child’s creative empathic gifts and use them to help in their learning. Sessions will focus on 1/3 mindfulness exercises and 2/3 tutoring and completing assignments. Group sessions start at \$40 per child (for 75 min) Monday - Thurs. 3:30- 4:45pm & 5:-6:15pm. Call Tammy (586)322-2897